



TBA FUN/RUN HEALTH WALK

Sue Fletcher, our TBA Fun/Run Health Walk coordinator, extends a special invitation for all TBA members to enter this year's Fun/Run Health Walk.

Bring your coffee and enjoy a leisurely walk or run a fun 5K race through the streets of downtown San Antonio while you're here for this summer's Convention/Clinic.

All proceeds from the Fun Run go to the Malcolm Helm Memorial Endowed Scholarship Fund. Medals are given in all areas and for all age groups. There are also Fun Run T-Shirts and door prizes for all participants!

Date: Thursday, July 26, 2018
Location: The Grand Hyatt
Registration: 6:30 am
Time: 7:00am start time
Cost: \$15-Onsite - Report at 6:30am for On-Site Registration
\$10-Pre-Registration - See next page for Pre-Registration Entry Form.

Contact Sue Fletcher at 31rlee@gmail.com or 979-836-1125 for more information.



FUN RUN/HEALTH WALK

*Any proceeds from this run will be donated to the Malcolm Helm Memorial Endowed Scholarship Fund. The 1 1/2 mile walk and a 5K run will be held simultaneously.

Date: Thursday, July 26, 2018

Time: 7:00 a.m.

Location: In front of the Grand Hyatt

Course: Flat, fast, and scenic

T-shirts: T-shirt availability and size preference will be on a first-come, first-serve basis.

Pre-Registration: \$10 for either event. Pre-registration deadline: July 16, 2018

Mail entry form and fee to: **TBA Fun Run/Health Walk
c/o Sue Fletcher
2424 Airline Drive
Brenham, Texas 77833**

On-site Registration: \$15 at the race. On-site registration will open at 6:30 am on the day of the race.

Awards: Medals for Best Overall Time 5K Run and Best Overall Time 1 1/2 Mile Walk will be awarded in both male and female divisions. Medals will also be awarded to the next 3 male and female runners and the next 3 male and female walkers.

Direct Questions to: Sue Fletcher at 979-836-1125 or 31rlee@gmail.com

(Entry Form)

Name: _____ Phone Number: _____

Address: _____ City: _____ State: _____ Zip _____

Circle one in each category:

Sex: MALE FEMALE Choose: 1 ½ mile walk 5K Run

T-SHIRT SIZE: Small Medium Large Extra-Large 2XL

Circle One:

TBA Affiliation: Active Spouse Family Sustaining Clinician

TCDA, TODA, other: _____

Release: In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees hereby release and discharge TBA and all sponsors and volunteers for all claims of damages whatsoever in any manner as a result of my participation in the TBA Fun Run/Health Walk. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.